

# Profundo Journeys: Photography in Southern Italy

## 1. PHILOSOPHY

Imagine traveling with your camera to a remote part of the world; where the mountains cascade into the sea and fishing villages hug the clear blue waters of the Mediterranean Sea; while castles guard against the invading pirates and marauders of the 11<sup>th</sup> Century; where the citizens and merchants of Greece chose to migrate to as the Hellenistic Period crowded the streets of Athens.

As you travel, you become intimate with villages that are culturally pure and off the path of established tourism. Your field instructors are two professional photographers, there to teach and nurture your unfolding artistic vision. Your cultural advisor is a health care professional and resident of the region.

Your day may start at sunrise. Or you can sleep in and join the early birds at breakfast. There is daily cultural and historical orientation. One must be familiar with the culture to be aware of the visual possibilities. We gather at the end of each day to exchange ideas, discuss and appreciate our experiences. Alternate days will feature sharing work which will be downloaded each evening. Our goal is to share and enhance the joy of our own creativity; to regain ourselves through uninterrupted exploration of a world that is familiar and yet exotic.

## 2. ITINERARY

This itinerary is a guideline; participation is encouraged but not required.

**DAY 1:** Arrive In Naples: Depart for Santa Maria di Castellabate  
9/21/09 with Profundo Journeys' Transportation and driver  
Mon Check into Hotel, Orientation  
Reception & Dinner @ Lido Azzurro (casual)

**DAY 2:** S. Maria - Explore Castellabate AM – Public Transportation  
9/22/09 Free Afternoon  
Tue Free Evening

**DAY 3:** S. Maria - Full Day Trip to Paestum and Roscigno  
9/23/09 Picnic Lunch in Roscigno  
Wed Free Evening

**DAY 4:** S. Maria - Morning Excursion to Velia  
9/24/09 Afternoon Slide Show  
Thurs Farewell to S. Maria Dinner

**DAY 5:** S. Maria - Free Morning

# Profundo Journeys:

9/25/09 Lunch in the Country - Matera departure late afternoon  
Fri Free Evening in Matera

**DAY 6:** Matera - Excursion in the morning with a private guide.

9/26/09 Free Afternoon  
Sat Slide Show at the Hotel  
Lite Dinner @ The Camera Club

**DAY 7:** Matera - AM Depart for San Mauro and check into "Cilento B & B"

9/27/09 Afternoon excursion to Acciaroli - Public Transportation  
Sun Dinner at "Cilento B&B"

**DAY 8:** San Mauro – Morning Free

9/28/09 Afternoon "Piazza Hop"  
Mon Evening Slide Show @ "Cilento B & B"

**DAY 9:** San Mauro – AM Departure for Minori & Ravello

9/29/09 Day trip to Ravello  
Tue Check into "Il Palazzo Vingius"  
Evening Free

**DAY 10:** Minori – Day trip Positano

9/30/09 Afternoon in Positano  
Wed Evening free

**DAY 11:** Minori – Morning excursion to Vietri

10/1/09 Free afternoon  
Thursday Slide Show at the Hotel & Dinner in the evening

**DAY 12:** Minori – Day Trip to Pompeii

10/2/09 Lunch at the archaeological site  
Fri Free Evening

**DAY 13:** Minori - Day Trip to Naples

10/3/09 Evening Slide Show at the hotel  
Sat Wrap Up discussions and Dinner – Minori

**DAY 14:** Minori - Departure for the Airport in Naples

10/4/09  
Sun

\*\*\*\*\*An extended excursion to Isle of Capri is available. Check back for details.

# Profundo Journeys:

## 3. Cost

The **cost** for the full 14-day itinerary is **\$3,495**. This includes all breakfasts, 3 lunches & 6 dinners. Included are: all travel expenses within the country as stated: entry fees to archeological sites, guides and lodgings. If there is a substantial change in the value of the dollar vis a vis the Euro, pricing will be adjusted.

**A 50% deposit** will secure a space. All deposits collected are based on double occupancy and can be adjusted to accommodate individual preferences. Deposits are nonrefundable unless the trip is cancelled.

The tour is **limited** to 12 participants.

**Price does not include:** Domestic or International air fare; air fare tax; airport departure tax; airport transfers; additional transfers or accommodations that may be required by those not traveling with the group; excess baggage charges; meals not included in itinerary; activities listed as optional, or those taken on your own; passport/visa expenses; personal medical or travel insurance; any expenses of a personal nature, such as room service, laundry, beverages not included with meals, medical expenses, film or processing, any activities not specified in tour itinerary or listed as optional, or any items not listed in what is included; upon the completion of your trip, modest gratuities to the local guides and the drivers are customary; tips for meals not included in itinerary.

A daily **Journal/Itinerary** will be provided.

We will make every effort to accommodate participants who are able unable to stay for the full trip. Prices will vary accordingly.

Participants are strongly encouraged to acquire their own **travel insurance**. A list will be provided upon request.

Suggested **equipment** includes but not limited to 2 camera bodies, lenses, filters extra batteries media cards download devices tripods. A full list will be provided upon enrollment.

Participants will sign a **contract with Profundo Journeys** upon receipt of the stated deposit.

### **Payment Schedule:**

>Non refundable deposit of \$1750. Due Friday, March 13, 2009

>Full Payment is due by Friday, May 22, 2009

## Photography in Southern Italy

# Profundo Journeys:

## Detailed Itinerary



**DAY 1:** Arrive In Naples: Depart for Santa Maria di Castellabate  
9/21/09 with Profundo Journeys' Transportation and driver  
Mon Check into Hotel, Orientation  
Reception & Dinner @ Lido Azzurro (casual)

We travel independently from Boston to Naples which is in the Italian region of Campagna. Together we travel south from the airport to a region in Campagna called Cilento in Italy's second largest national park, Parco Nazionale del Cilento e Vallo di Diano. Castellabate is an 11<sup>th</sup> Century town at the top of a mountain overlooking the Mediterranean. We will be in its fishing village below called Santa Maria. Our historic B & B is "La Residenza d'Epoca", situated right on the sea in S. Maria di Castellabate. <http://www.residenzadepoca1861.it> This village was once at the mercy of Saracen pirates. Today it is a summer tourist destination for many Italians and a few, very smart people from around the world who are "in the know". There is historic architecture in abundance; a baron's castle, churches, and a warren of ancient streets complete with arches, alleys and hanging laundry.

**DAY 2:** S. Maria - Explore Castellabate AM – Public Transportation  
9/22/09 Free Afternoon  
Tue Free Evening

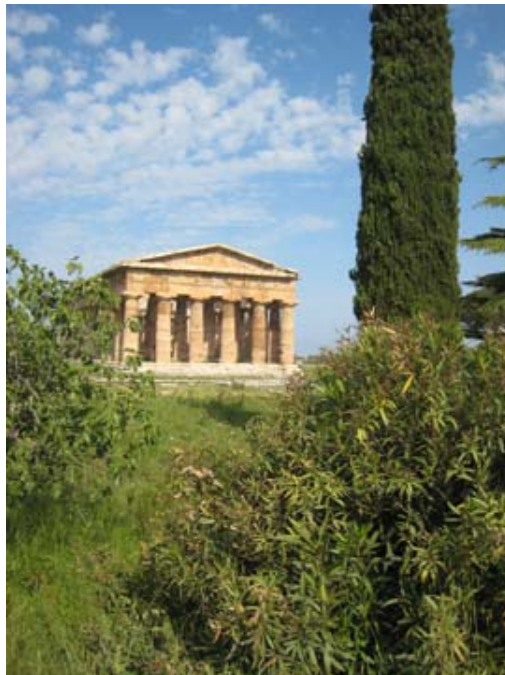
The castle fortification of Castellabate strategically watches over S. Maria. By day the slopes and valleys of this mountain were cultivated as the fishermen fished the sea, at night everyone gathered at the top for security. An Abbot built the fortifications in the 11<sup>th</sup> Century to protect the people from Saracens and pirates. When there was a threat by sea the people would parade their sheep around the town with candles on their backs, giving the impression to the pirates that this town was too populated to attack.

# Profundo Journeys:



**DAY 3:** S. Maria - Full Day Trip to Paestum and Roscigno  
9/23/09 Picnic Lunch in Roscigno  
Wed Free Evening

Paestum's history reads: Indigenous, Etruscan, Greek, Roman. Its three Greek temples herald its glorious history; they are more intact than any to be found in Greece. The history of Paestum was truncated by the loss of its river not very long after Roman occupation. The town has supported prosperous life for 5 thousand years. We will have a guide for this tour and our own Profundo Journey transportation to Paestum & Roscigno.



We will travel to Roscigno through the Alpi Bianchi Mountains on switchback roads with continually unraveling vistas. You will be transported to another time.

# Profundo Journeys:



Roscigno Vecchio was abandoned in 1898 after an earthquake and landslide. Many of the buildings still stand. The town is uninhabited save for one person and a couple of shy farmers who still come to work their family fields. There is a fountain in the center of town. You will have to pinch yourself to know that it is all real.

**DAY 4:** S. Maria - Morning Excursion to Velia  
9/24/09                      Afternoon Slide Show  
Thurs                              Farewell to S. Maria Dinner



We travel south with Profundo Journey transportation along what is affectionately called the "Mini Amalfi Coast" to Velia. Velia is a World Heritage - U.N.E.S.C.O. archaeological site. It is good to mention this because it is an archaeological site. One should wear the appropriate shoes. It has much the same history as Paestum with the added cache of being a satellite location of Greek Philosophy

We return to S. Maria to share our work at the hotel in the afternoon. The evening is unstructured and the sea is at the edge of your toes. Expect to bump into each other as there is only one main street in S. Maria. Dinner at "Lido Azzurro" on the beach of S. Maria is the best way to end our wondrous stay.

# Profundo Journeys:



## **DAY 5:** S. Maria - Free Morning

9/25/09

Fri

Lunch in the Country - Matera departure late afternoon

Free Evening in Matera

One could begin the day by packing or one could bask in the sun by the crystal sea. Lunch will be served on Concetta's patio at noon and one is never late for lunch on Concetta's patio exactly at noon. We will eat and drink the fruits of this universe and aid our digestion with a little walk in the fields, as anyone normally would during mezzo giorno (when a pillow isn't near). We travel from S. Maria to Concetta's with Profundo Journey transportation and leave from there directly for Matera.

## **DAY 6:** Matera - Excursion in the morning with a private guide.

9/26/09

Sat

Free Afternoon

Slide Show at the Hotel

Lite Dinner @ The Camera Club



Once in Matera you will realize how much this part of Italy plays a major role in the Byzantium world as it does in the western. This is a city carved into a stone canyon. Our B&B, the Hotel Sassi, is down in this barely habited city. (<http://www.hotelsassi.it>)

# Profundo Journeys:

The afternoon is free for us to wander and to try to absorb the wonders of this exotic place.

The slide show is in the early evening at the hotel and we will share a lite dinner at the Camera Café, a delightful place near our hotel where we can gather intimately to celebrate this magical experience.

**DAY 7:** Matera - AM Depart for San Mauro and check into "B & B Cilento"  
9/27/09                      Afternoon excursion to Acciaroli - Public Transportation  
Sun                              Dinner at "Cilento B&B"

We ride Profundo Journey transportation from Matera to San Mauro in the morning. In the afternoon we visit Acciaroli. Acciaroli was the fishing village for the local towns and has grown to outsize them. Acciaroli is relatively new to tourism on any significant scale; it has maintained a reflection of the people who have lived here for generations upon generations. Their world is a rare jewel and they value it dearly. There is a small piazza just off of the port where we will meet in the morning and then stroll timeless streets of intimate scale and care. There are doorways that date from uncertain periods throughout history.



We will enjoy a family cooked dinner at the B&B and share the images we have all created. Perhaps, after, have a late nightcap at the local café together.

# Profundo Journeys:



**DAY 8:** San Mauro – Morning Free  
9/28/09                      Afternoon “Piazza Hop”  
Mon                              Evening Slide Show @ “B & B Cilento”

The morning is a chance for us to catch our breath. In the afternoon we “Piazza Hop” through mountain towns such as, Galdo, Celso, Cannichio, Pollica, and others, arriving back in San Mauro late afternoon. This area is famous for monasteries and agricultural cooperatives. Pollica in particular has received the Bandiera Blu for Cultural Purity. Almost all of the beaches on this coast line have the Bandiera Blu for unpolluted waters. The views are magnificent and the stops along the way will be breathtaking and frequent.



**DAY 9:** San Mauro – AM Departure for Minori & Ravello  
9/29/09                      Day trip to Ravello  
Tue                              Check into “Il Palazzo Vingius”  
                                        Evening Free

# Profundo Journeys:



Departure for Minori is in the morning. This drive north is approximately 2 hours. Profundo Journeys will provide transportation for all of the excursions while we are on the Amalfi Coast.

On our way to Minori we stop at Ravello. Our first side trip on the Amalfi Coast. Ravello is a 6<sup>th</sup> Century town hidden 5 kilometers east into the mountains. The precipices viewed along the way make one wonder why they are going forward. The location does take one to a higher level in wondrous ways. The church/chapels are perfectly acoustical for chamber music. The town also boasts a monastery; beautiful gardens; wonderful restaurants; a palace and of course, villas.

The B&B was chosen specifically because not a single room is without a sea view. The hotel is vertical, straight up the face of a cliff with the sea immediately below. Views of the Amalfi Coast from this perch are classical. We will check into “Il Palazzo Vingius” in the early evening and then we are free to explore Minori. There is a Greek Villa within walking distance. Actually, everything is within walking of Il Palazzo Vingius. <http://www.palazzovingius.it> Our general meeting point is directly below the hotel at the Café in the piazza.

**DAY 10:** Minori – Day trip Positano  
9/30/09                      Afternoon in Positano  
Wed                              Evening free

Positano is famous for its unique cacophony of colored houses, passages with little flights of steps and narrow tunnels. One no longer thinks in terms of left or right. Orientation is up or down.

# Profundo Journeys:



In the evening people usually gather to meet for a delicious dinner in any one of the small restaurants right on the beach. Shops abound in Positano; leave extra time for your walk to dinner.

We return to Minori after dinner.

## **DAY 11:** Minori – Morning excursion to Vietri

10/1/09

Free afternoon

Thursday

Slide Show at the Hotel & Dinner in the evening



Vietri is the first town we passed as we descended from the highway two days ago. For centuries it has been world renowned for its ceramics. Set some time aside to visit the myriad of shops lining the narrow streets. We return to Minori for an exhibition of work at the hotel followed by dinner & discussion in the evening.

## **DAY 12:** Minori – Day Trip to Pompeii

10/2/09

Lunch at the archaeological site

Fri

Free Evening

We leave from Minori in the morning and travel to Pompeii.

# Profundo Journeys:



Pompeii is one of the most significant manifestations of Roman civilization. It was an international city. It was completely buried during a catastrophic eruption of the volcano Vesuvius in 79 AD. The day is spent in Pompeii led by a licensed tour guide. It is amazing how much of the city has been excavated. In an instant the wealthy merchant city was frozen in time and yet the esthetic birthed and buried here touched every culture that came to wonder at it. A day is hardly enough time to see it all. We return to Minori in the early evening.

## **DAY 13:** Minori - Day Trip to Naples

10/3/09

Evening Slide Show at the hotel

Sat

Wrap Up discussions and Dinner – Minori

Naples is a sleeping treasure. The 12<sup>th</sup> Century church of Santa Ciara, Piazza Jesu', subterranean passages, all of this and more will be laid before us by our licensed tour guide. The wonders of this city are as rich as any city that, for a moment in time, was at the center of the western world. It is a beautiful and glorious city that is teeming with markets and irresistible pedestrian life.

## **DAY 14:** Minori - Departure for the Airport in Naples

10/4/09

Sun

Departure from Minori is suggested for the safe keeping of your belongings and the comfort of your touring on Day # 13. It is possible to make arrangements to stay in Naples and leave directly from there on the 14<sup>th</sup> Day.